

# Davidson County Recreation and Parks Department

[www.co.davidson.nc.us](http://www.co.davidson.nc.us)

## Basketball Rules and Regulations 2016

National Federation High School Rule Book will be used with the exceptions listed below.

### Organization:

The Davidson County Parks and Recreation Department will offer a Little League, Junior program for both boys and girls, and Senior Boys program. The Davidson County Recreation and Parks Department will provide game balls, officials, gym supervisors, and act as the administrative unit over league play.

### I. Age Requirements

- 1) **Little League:** Any boy/girl is eligible if he/she is 9 years of age on or before **Aug. 31** and not 12 years of age on or before **Aug. 31** of that playing year. Each child will have 3 years of eligibility.

The Little League boys and girls basketball programs will be divided into two divisions. There will be an instructional division for 9 year old children (i.e. the children in their first year of eligibility in this program.) The purpose of this division is to allow the 9 year old child to compete against other children of the same age. The regular division will be for any 9 year old child that a local booster club deems ready for this division and all other children in this age grouping (i.e. second and third years of eligibility.)

- 2) **Junior League:** Any boy/girl is eligible if he/she is 12 years of age on or before **Aug. 31** and not 14 years of age on or before **Aug. 31** of that playing year. Each child has 2 years of eligibility.
- 3) **Senior League:** Any boy is eligible if he is 14 years of age on or before **Aug. 31** and not 17 years of age on or before **Aug. 31** of the playing year. Each child has 3 years of eligibility.

Any child who participates on high or middle school basketball teams will be ineligible in this program.

Any student suspended from school will not be permitted to participate in any games, until the suspension has been lifted and the student has returned to class.

### II. Registration Requirements

- 1) The following criteria will be used to determine with which of the 15 booster clubs a youth should participate. When entering the Davidson County Recreation program, each youth has the choice to participate with the Booster Club that represents the public elementary school district in which he/she lives or if the child attends a different public elementary school, he/she may participate with the booster club of the district.

- 2) Once a child's booster club is determined, his/her eligibility would change only if there is a change in the following:
  - A) Where he/she lives
  - B) Which public elementary school he/she attends
- 3) The domicile of their legal guardian (with whom the child lives) living in Davidson County will determine a youth's resident status.
- 4) Once a child has started in an age division in a sport, he/she may finish their eligible in that age group with the booster club they are participating with.
- 5) Public elementary school district is the standard graduation of elementary to middle to high school all within the same district
- 6) It is the responsibility of each local booster club to verify both the school attendance and residency requirements and the parent/guardian signature on this form. The Davidson County Recreation Department reserves the right to review any registration forms and declare ineligible any participant who has given false information.
- 7) **Each booster club must have enough registration forms and birth certificates turned in by 5:00 pm on Monday, October 24, 2016 to have a team. However, due to numbers, they may continue to accept registration forms and birth certificates up to Monday, October 31, 2016. No registration forms and birth certificates will be accepted after Monday, October 31, 2016 for any reason. Once rosters are turned in no new teams will be allowed to be formed, any addition players will be placed on existing teams.**
- 8) The Recreation Department will not accept any registration forms that is faxed, e-mailed, mailed, or delivered by parents to the Recreation Department. All paperwork must be turned in to Booster Clubs.

### III. Drafts

Any time a Booster Club has two or more teams in the program, a fair and equal draft will be held to distribute the talent equally. The following regulations govern the draft:

- 1) The drafting of players on a team will be done within the Booster Club.
- 2) Teams will be totally re-drafted every year.
- 3) Only the head coach's child will be locked in. (No assistant coaches will have lock-ins, this will be strictly enforced. No assistant coaches will be picked until after the drafts are done. If brought to the attention of the Recreation Department that assistant coaches child was locked in. The Recreation Department will order a re-draft of all teams within the age group.) The drafting order will follow the guidelines are as follows:
  - 2 Year Program:
    - a) First year of eligibility will be second pick.
    - b) Second year of eligibility will be first pick.
  - 3Year Program:
    - a) First year of eligibility will be third pick.
    - b) Second year of eligibility will be second pick.
    - c) Third year of eligibility will be first pick.
- 4) Coaches must draw to establish the drafting order. In the first round, coaches will draft according to the order drawn. Then in the second round,

the order will be reversed with the last coach drafting first. This procedure will be used until all players are drafted.

- 5) Brothers/sisters should play on the same team. If a brother/sister is picked in the draft, the second brother/sister must be picked in the next round of drafting. Brothers/sisters may play for different teams with the approval of the family and Booster Club.
- 6) A Booster Club can call for a re-draft of its teams, if they feel the situation warrants a re-draft.
- 7) All Booster Clubs must turn in their drafting order sheets with their rosters. The drafting order sheets will be used to place additional players on teams and used to check to make sure the proper drafting procedures were followed
- 8) If the Recreation Department feels that a Booster Club draft did not follow proper draft order in preseason, a redraft will be held. If after the season starts, and after a review and discussion with all parties involved, the Recreation Department still feels that proper drafting procedure was not followed, team will be ineligible for tournament.

The people responsible for overseeing the draft will consist of the following: Booster Club President/Officer, one (1) Booster Club Board Member, 3 at large representatives of which one (1) must be female, and by all the opposing coaches of teams being drafted in that particular age group. After the teams are drafted the people overseeing the draft must sign the roster and by doing so will approve the roster and draft for the Davidson County Recreation Department.

#### **IV. Roster**

- 1) All players must have registration form completed and birth certificate checked before they can participate in practices or games.
- 2) Rosters must be completely filled out and turned in to the Recreation Department; this is the coaches' responsibility.
- 3) Teams are limited to one head coach, one assistant coach, and one scorekeeper on the team bench. Scorekeeper is a non-coaching role.
- 4) All rosters are due to the Recreation Department on **Monday, October 31, 2016.**

##### **Penalty:**

For ineligible player(s) is forfeiture of any game they participate in. Any coach that uses an ineligible player will be suspended from all Davidson County Recreation and Parks Department youth sports programming for one year from the date of the first date of the suspension.

#### **V. Coaches (All coaches must be 18 years old or older)**

**All coaches (head and assistant) must complete a volunteer coaches and background check form, and complete coaches training before they will be allowed to coach in the Recreation program. Anyone not completing the above three requirements will not be allowed to coach. All coaches' forms are due on Monday, October 31, 2016.**

- 1) The Head Coach is responsible for his assistant coach, players, and spectators conduct at all times during practices and games.
- 2) Coaches are not allowed to communicate (yell, complain) to officials on any matter while the game is playing. Coaches must take an official timeout to discuss any rule question not a judgment calls with an official in a quiet professional manner. Coaches must control the discussion or comments to officials, from their bench or players, at all times. Violations will draw a warning from the officials. Subsequent violations will warrant a technical foul and or expulsion from the gym.

## **VII. Sportsmanship/ Ejection Policy**

- 1) Any coach ejected from a game will be suspended for the next (2) games. If the ejection occurs in that team's last game, the suspension will be for the first (2) games of the next sport they coach or participate in.
- 2) Players meeting one of the five criteria will be suspended for 2 games.  
5 Criteria for two game suspensions for participates:
  - A) Biting observed by an official.
  - B) Taunting, baiting or spitting toward an opponent.
  - C) Profanity- directed toward an opponent or official.
  - D) Obscene Gestures- including gesturing in such a manner to intimidate.
  - E) Disrespectfully addressing or contacting an official.
- 3) Fighting: (will not be tolerated in any way)  
Fighting which includes, but is not limited to, combative acts such as: attempt to strike an opponent with fist, hands, arms, legs or feet whether or not contact is made; An attempt to punch or kick an opponent; whether or not contact is made; An attempt to instigate a fight by committing an unsportsmanlike act toward an opponent that causes an opponent to retaliate; leaving the bench area to participate in a fight.  
Penalty: Any player ejected for fighting will be suspended for the rest of the basketball season and tournament.
- 4) Technical Fouls:  
Any player receiving three technical fouls any time during the season and/or tournament will be suspended for two games.  
Any player receiving five technical fouls any time during season and/or tournament will be suspended for the rest season.
- 5) Any coach who is ejected shall leave the vicinity of the playing area immediately and is prohibited from further contact, direct or indirect, with the team during the remainder of the game. Players must stay on the bench. Any coach refusing to leave will be suspended for more games and the game will be forfeited.
- 6) A coach, players, and spectator may be asked to leave the facilities for showing any type of unsportsmanlike actions, under the influence of alcohol, or harassment of officials, fans, coaches and players, and recreation staff. Any coach, player, or spectator asked to leave the facility and refuses the team that the person is associated with can be made to forfeit the game.

### **VIII. Postponed Games/ Inclement Weather**

- 1) If schools are closed on Friday due to inclement weather, discretion will be used as to whether to play or not.
- 2) In case of inclement weather on the day of games, booster club representatives will be notified and responsible for letting coaches know. Coaches and parents can check county website at [www.co.davidson.nc.us](http://www.co.davidson.nc.us), to see if games have been cancelled.
- 3) Once games have started, gym supervisors or Recreation Staff on duty will have sole authority to stop or postpone games at their site if they feel conditions warrant games cancellation.

### **IX. No Tobacco Policy**

Any games sponsored by the Davidson County Recreation and Parks Department will be tobacco free.

### **X. Practices**

- 1) Practices may begin: **Monday, November 7, 2016.** No practices or games during the Christmas Holiday, starting **December 22, 2015** through **January 1, 2017.** Practices may resume on **January 2, 2017.**
- 2) If schools are closed due to weather on any date, there will be no practices on that day.
- 3) A team practice exists when a team assembles under the supervision and instruction of the head coach and/or assistant.
- 4) Once practices start, teams are allowed to practice 2 times per week (Sunday thru Saturday, if Sundays are needed to be used). One practice is recommended to be on Saturday.
- 5) Starting with the week the season begins, teams are allowed 1 practice per week.
- 6) If a team has a scheduled bye, then the team may have 2 practices the week of their bye.
- 7) All practice will be limited to 1 hour and 30 minutes; all practices must end before 9:00 p.m.
- 8) For high school teams, using high school facilities, in emergency situations due to an unplanned time extension for a school event (high school wrestling match), practices may be held until 9:30 p.m., but are still limited to the 1 hour and 30 minute practice time.
- 9) Participation in any pre-season tournaments will follow these practice guidelines.

**Penalty: If a coach violates the practice rules, the coach will be suspended for two games and placed on probation. If a coach second violation of these rules, he/she will be suspended for the remainder of the season.**

### **XI. League Play**

- 1) Will start on **Saturday, December 3, 2016.**

- 2) Once schedules are done and released there will be no changes made to accommodate teams that have conflicts with games scheduled.
- 3) Any game that is forfeited beforehand will remain a forfeit whether or not games are played.

## **XII. Tournament**

- 1) The tournament will be a team tournament format. Teams qualify for the tournament will be based on total number of teams in each division.
 

|                               |   |
|-------------------------------|---|
| 8 or more teams in a division | 3 teams will qualify for the tournament |
| 7 or less teams in a division | 2 team will qualify for the tournament  |
- 2) All regular season rules will apply in the tournament. The mandatory playing time responsible lies with the head coach of the team, not the Recreation Department.

### **Penalty for Violation of Mandatory Playing Time in Tournament:**

- 1. The team in violation will receive a loss and forfeits their right to participate in the tournament any further.**
- 2. The team that was playing the violating team will advance to the next round of the tournament.**
- 3) All ties will be broken by using the Davidson County Recreation and Parks Youth Tournament Policy and Procedure Manual.
- 4) Once tournament brackets are done and released, there will be no changes made to accommodate teams that have conflicts with games scheduled.

## **XIII. Protest**

There are no protests by North Carolina High School Athletic Association Handbook.

## **XIV. Mandatory Playing Time**

- 1) Instructional, Little League, and Junior MPT:
  - A) Each player must play 9 minutes per game.
  - B) They have to play 3 consecutive minutes, 3 times any time during the game.
- Senior League MPT:
  - A) Each player must play 12 minutes per game.
  - B) They have to play 4 consecutive minutes, 3 times any time during the game.
- 2) The responsibility for players meeting the MPT rule lies with the coach.
- 3) Coaches are not obligated to play an individual the mandatory playing time under the following conditions:
  - A) A player that arrives after the second quarter has begun.  
(If a coach chooses to play a player that arrives late than that player must get all of his/her mandatory playing time in.)
  - B) The player had an unexcused absence from practice in the week prior to the game.
  - C) A player has been a discipline problem.
  - D) A player has an injury that prevents them from playing.

(If a player is injured during the game and cannot continue and has not meet the mandatory playing time this is excusable. If the player re-enters the game then the player must meet their mandatory playing time.)

The head coach must call the Davidson County Recreation and Parks Department prior to the game and notify the Athletic Supervisor for numbers B, C, and D. The head coach must write out to the side of the players name of score sheet the reason, if this is not done then the mandatory playing time will be considered violated.

Penalties for violation of Mandatory Playing Time Rule:

- A) 1<sup>st</sup> violation, the coach will be placed on probation for the remainder of the basketball season, and the team shall receive a loss in the loss column. The non-violating team does not receive a win because of the violation.
- B) 2<sup>nd</sup> violation, the coach will be suspended for 2 games, and the team shall receive another loss in the loss column. The non-violating team does not receive a win because of the violation.
- C) 3<sup>rd</sup> violation, suspended for the rest of basketball season, and the team shall receive another loss in the loss column. The non-violating team does not receive a win because of the violation.

## **XV. Playing Rules**

- 1) Instructional and Little League games will consist of four 6 minute quarters. Junior League will consist of four 7 minute quarters. Senior League games will consist of four 8 minute quarters.

Overtime periods will be 2 minutes. **(All Leagues)**

- 2) The clock will run continuously except for shooting fouls and time-outs, until last two minutes of each half in which the clock will stop as outlined in the NFHS rulebook. **(All leagues)**
- 3) The clock will be stopped at the mid-point of the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> quarters to allow substitutes to enter the game. Coaches should have their players at the scorers' table before the 3 minute mark, ready to enter the game. This is not a time-out. **(All Leagues)**

Penalty: The violating team(s) will be charge with one of their four time outs.

- 4) Instructional League: The free throw line shall be 12 feet from the basket: however, the 3 second lane violation is counted within the regulation 15 foot free throw line. No (3) three point shot in instructional league.

Little League, Junior, and Senior: The free throw line shall be 15 feet from the basket.

- 5) The Women's basketball (28.5) will be used for all girls' leagues, instructional and little league boys' leagues. The Men's basketball (29.5) will be use for junior and senior boys' league.

**6) All undergarments, including leggings must be white.**

Uniform Short shall be similar in color, the discretion of the officials and gym supervisor. Uniforms are to be worn as manufacturer designed.

No jewelry or headwear may be worn by boys or girls. **(All Leagues)**

**Penalty:** Illegal Undergarments: The player will be removed from the game and will not be allowed to re-enter the game until the undershirt is removed or the correct color undershirt is put on.

Not Wearing Uniform as designed: The player will be removed from the game and will not be allowed to re-enter the game until the uniform is worn as manufacturer designed.

7) Jerseys must have legal numbers on the front and back, all jerseys must be reversible, **and one side of the jersey will be white and the other side of the jersey shall be a dark color.**

**The home team should wear white uniforms and the visiting team dark uniforms. The team that violates this policy will change.**

Penalty for Illegal Jerseys: Only one technical foul will be administered. Two free throws plus the ball for a division-line throw in will be awarded. The technical foul is indirectly charged against head coach. (All Leagues)

8) The bonus free throw will follow the NFHS. **(All Leagues)**

9) Teams are allowed four (4) full 60 second time-outs per regular ballgame. **(All Leagues).**

10) Back Court Defense:

Instructional League: Once the defensive team has clearly established possession of the ball and they make no attempt to immediately advance the ball up court, no pressing defense shall be allowed in the back court until the last two (2) minutes of the game and any overtimes.

Little League: Once the defensive team has clearly established possession of the ball and they make no attempt to immediately advance the ball up court, no pressing defense shall be allowed in the back court until the last two (2) minutes of each half and any overtimes.

Junior and Senior Leagues play by NFHS rulebook.

11) In all leagues, a team that is leading by 20 or more points will not be allowed to full court press.

Penalty: 1<sup>st</sup> violation: Team warning, 2<sup>nd</sup> violation: A technical foul will be called against head coach of the violating team. **(All leagues)**

12) There will be 5 minutes for halftimes. Half-times are for teams to warm up before next half starts. **(All Leagues)**

13) Game time is game time. There is no grace period for any games. **(All Leagues)**

**Davidson County Recreation and Parks Department reserves the right to take any action necessary to accomplish the objectives of the program.**